

QACADEMY
REMEDIAL + MASSAGE THERAPIES

HLT42021

CERTIFICATE IV IN MASSAGE THERAPY

INTERNATIONAL COURSE GUIDE

CRICOS Course #113723C

INTRODUCTION TO THE CERTIFICATE IV IN MASSAGE THERAPY 3

COURSE DETAILS 4

APPLICATION PROCESS 5

ENTRY REQUIREMENTS 6

VISA REQUIREMENTS 7

LIVING IN SOUTH-EAST QUEENSLAND 8

UNITS OF COMPETENCY 9

SUBJECTS IN THE CERTIFICATE IV IN MASSAGE THERAPY 9

SUBJECT DESCRIPTION 10

ACCREDITATION 12

ABOUT Q ACADEMY 13



Why Study Massage?

Introduction to the HLT42021 Certificate IV in Massage Therapy

The HLT42021 Certificate IV in Massage Therapy is a great introduction to the world of massage.
The course teaches Swedish, Thai, Sports, and Seated Massage techniques, so you can confidently provide a full-body relaxation or sports massage treatment to clients.
As a relaxation therapist you will be able to treat the soft tissue of the body, to help clients achieve improved circulation, pain relief, reduced stress and anxiety, assisted recovery from injury, aided sleep and relaxation, and enhanced flexibility.
With this qualification you could work in a day spa, resort, beauty clinic, or start your own at-home massage clinic.

It is a great foundation course to get you started in the massage industry, and you can easily build on to this course with selected short courses or the HLT52021 Diploma of Remedial Massage.

Course Details



Course Fees

Duration : 42 weeks

Cost: 6 payments of $1,463

Total Course Fee: $8,778
+$100 material fee + $150 application fee

Payment Plan:
Term fees are divided equally over course duration for individual payment plans

Enrolment transfer fee: Students can transfer their Q Academy enrolment between Q Academy campuses for $50.

Course Location

Brisbane: 100 Brookes St, Fortitude Valley 4006

Gold Coast: Level 1 (above Myer), Robina Town Centre, Robina 4230

Sunshine Coast: 64C Aerodrome Road, Maroochydore 4558

Start Dates

We have quarterly and monthly intakes. Please submit an online enquiry and our team can be in touch with our next available intakes.

Course Delivery

HLT42021 Certificate IV in Massage Therapy
CRICOS course #113723C

The Certificate IV in Massage Therapy is delivered in our on-campus self-directed study classrooms 2 days a week.
Enjoy the benefit of on-campus learning at your own pace, with a supervising coach to assist with your studies.
We recommend allowing an additional 4-8 hours of at-home study each week.

Student Clinic

As part of the requirements for the HLT42021 Certificate IV in Massage Therapy you will need to complete a minimum 80 hours of clinical practice. The course schedule has been designed so the hours are evenly distributed over the duration of the program.

To facilitate student learning and practice, Q Academy has established a student clinic which is open to the public. Under the supervision of a course coach, students are given extensive experience in managing a clinic and treating clients in a professional setting.

Application Process

Q Academy recommends that you apply as soon as possible to allow enough time to secure your student visa, flights and accommodation.

As a general guide, the process of application for enrolment with Q Academy is as follows:
(Please note, if enrolling through your agent they will discuss this process with you and help you through each step)

STEP 1:

Read across our website and courses page and express interest to apply as an International Student.

STEP 2:

Q Academy will email through course information and pre-enrolment forms.

STEP 3:

Complete all the pre-enrolment documents including supplying documents to prove your English language proficiency and copy of your passport.

STEP 4:

Engage in a video call with the Admissions Manager to discuss your interest in the course.

STEP 5:

Q Academy will then assess the application and let you know if you have been approved to enter the program.

STEP 6:

Q Academy will send through an acceptance letter of offer, enrolment form and pre-enrolment checklist.

STEP 7:

Return forms along with your Overseas Student Health Cover (OSHC) and any further documents requested.

STEP 8:

Student to provide payment of first term and materials fee for processing.

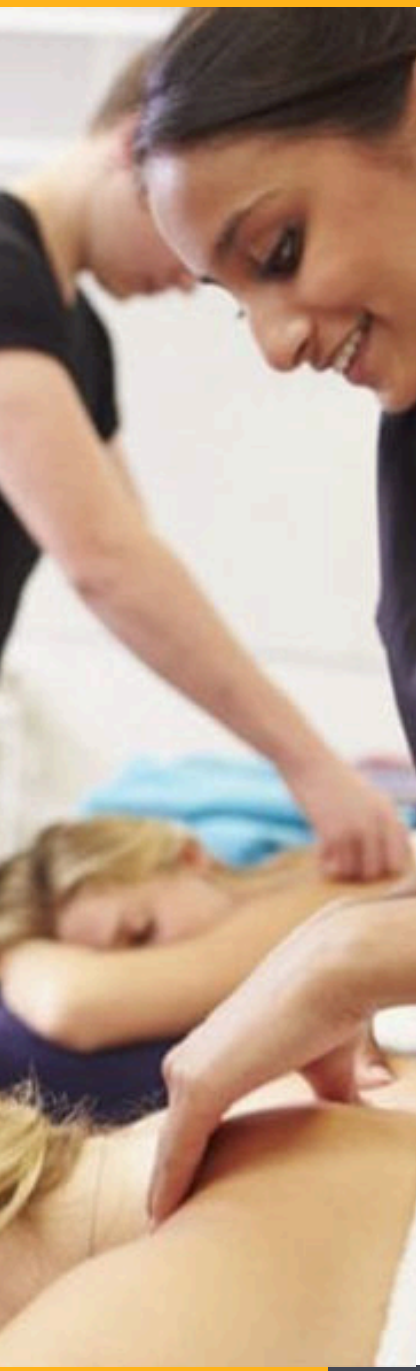
STEP 9:

Q Academy to send Confirmation of Enrolment (CoE).

STEP 10:

Apply for your student visa online via eVisa, directly through an Immigration department office or your visa agent.

Entry Requirements



English Language Proficiency Policy

To meet Q Academy's English language proficiency requirements, international applicants must demonstrate one of the following:

• Successful completion of Year 12 or Certificate 4 or Higher qualification in Australia

• Evidence of achievement of IELTS or equivalent score as set out below

Students must provide certified copies of documentation that show evidence the appropriate level of IELTS or equivalent testing has been achieved or evidence of successful completion of previous qualifications as proof of English language ability. This information is kept in student files.

English language ability equivalent to IELTS 6.0 (overall score),

- IELTS General - 6.0 (overall score), no less than 5.5 in each band
- Pearson (PTE) Academic Score of 50-57 (overall score)
- ELICOS Pathway available with Langports

Langports Pathway agreement (available for Langports students):
60% or higher on Langports EAP course
Pass on Cambridge Fist (FCE)
Completion of UFO English level 5 (10 weeks)
Completion of IELTS course (10 weeks) with exit level equivalent to IELTS 6.0

English test results must be no more than 2 years old. After the provision of scores above, if it is identified that a student's English language skills are not proficient, the student may be required to undertake a further test at the student's cost.

Visa Requirements

Attendance

Q Academy encourages the attendance of all classes. Every class and the content within it is important and required for competency within study. All international students must maintain at least an 80% attendance rate for the full duration of the course, otherwise, their student visa may be subject to review and subsequently cancelled.

Q Academy maintains attendance rolls for all international students studying on a student visa are kept on record and makes them available for inspection by regulatory bodies. Any subject-specific attendance requirements are clearly stated in the Subject Outlines.

If at any time it becomes impossible for a VET student studying on an Australian student visa to achieve an attendance rate of 80% for the entire course, they will be issued an intention to report letter which sets out that Q Academy intends to report the student's unsatisfactory attendance as required through PRISMS. This is a requirement of the National Code 2018 for VET students and a condition of the student visa for VET students.

There is no discretion for Q Academy not to report a student, even if the student has a genuine reason for all absences (such as an illness) and supporting documentation (such as a medical certificate). In these cases, however, Q Academy may choose to provide documentation in order to support the student's continuation of study.

Overseas Student Health Cover (OSHC)

Overseas student health cover (OSHC) is insurance that provides cover for the costs of medical and hospital care which international students may need while in Australia. OSHC for the duration of the visa is mandatory for student visa holders.

How do I get OSHC?

Only Australian health funds that have signed an agreement with the Australian Government can provide Overseas Student Health Cover(OSHC). You must arrange your own OSHC. You may choose to change your health fund at any time, but will need to abide by the conditions of change of the health fund provider you are leaving and provide updated proof of OSHC to Q Academy.
A copy of your OSHC policy must be provided to Q Academy at the time of your enrolment showing it covers the full duration of your course.

Living in South-East Queensland

Living in Brisbane

Fortitude Valley is in the heart of Brisbane city, the capital of Queensland. It is a diverse city, with museums, nightlife and sporting events. Brisbane is close to the beaches of the Gold and Sunshine Coasts, and has consistently been named one of the world's most livable cities.
Learn more about Brisbane here: www.visitbrisbane.com.au

Living on the Sunshine Coast

Maroochydore is located on the Sunshine Coast which is midway on the eastern coast of the Australian mainland. It is built close to the beach with pleasant climate and relaxed lifestyle with an emphasis on outdoor living. The region is known for its beautiful surf beaches, rainforests and mountains.
Learn more about the Sunshine Coast here: www.visitsunshinecoast.com

Living on the Gold Coast

Robina is located on the Gold Coast, in South East Queensland. The Gold Coast is spread across 50kms of beach front and has a pleasant climate and relaxed lifestyle. The Gold Coast is known for its beautiful surf beaches, rainforests, mountains and outdoor living.
Learn more about the Gold Coast here: www.destinationgoldcoast.com

Arranging Accommodation

The cost of accommodation in Australia varies and the cost of accommodation while studying can be high. Many International students choose to share accommodation to keep costs down. Most international students choose to rent a home with friends or find people to share with through websites. It is important to stay safe when searching for accommodation or people to share online. Suggestions on where to find accommodation:

www.easyroommate.com
www.domain.com.au
www.flatmates.com.au
www.realestate.com.au
www.gumtree.com.au

For information on renting in QLD refer to the RTA website https://www.rta.qld.gov.au/

Living Expenses

Starting from 1 October 2023, a single international student requires a minimum of $24,505 to cover living expenses for 24 months of study. In their visa application, students are required by the Department of Home Affairs to declare they have enough money to pay for travel, tuition, and living expenses for the duration of their stay in Australia.

Units of Competency

CHCCOM006	Establish and manage client relationships
CHCDIV001	Work with diverse people
CHCLEG003	Manage legal and ethical compliance
HLTAAP002	Confirm physical health status
HLTWHS004	Manage work health and safety
HLTMSG009	Develop massage practice
HLTMSG010	Assess client massage needs
HLTMSG011	Provide massage treatments
HLTMSG012	Apply relaxation massage clinical practice
HLTINF004	Manage the prevention and control of infection
HLTAID011	Provide first aid **must be completed externally*
HLTREF002	Provide reflexology for relaxation
CHCPRP005	Engage with health professionals and the health system

Subjects in the Certificate IV in Massage Therapy

	Practical Components	Theoretical Components
HLT42021 Certificate IV in Massage Therapy	Swedish Massage	Anatomy and Physiology
	Thai Massage	Massage History and Origins
	Thermotherapy	Client Record Keeping
	Seated Massage	Designing a Safe and Effective Massage Environment
	Pregnancy Massage	Indications and Contraindication for Massage
	Reflexology	Legal Considerations
	Sports Stretching	Professional Communication
	Special Needs Massage	Planning for Success

Subject Descriptions

Massage Essentials Communication

This subject sets the scene for a career in the massage industry by covering communication, goal setting, scope of practice, medical terminology, client screening, record keeping, ethics, legal considerations, occupational health and safety and symptomology of common contraindications. Students also learn how to adapt their treatment to account for the physical changes associated with older age, disability and pregnancy.

Human Anatomy and Physiology

This module covers cells, tissues, and each of the 11 major systems of the body and their integration and control. Manual therapy requires an in-depth knowledge of bony anatomy and muscle; this subject covers bony landmarks in detail and the origin, insertion, action and innervation of 63 major muscles which a therapist could expect to be treating. The student can also expect to cover nutrition and energy systems in this module.

Thai Massage

Learn how to apply Thai Massage therapies with deep passive stretching and slow sustained compression. This is a process in which the client and therapist creating deep stretching to produce muscular release. Many clients find Thai Massage very uplifting and beneficial.

Swedish Relaxation Massage

The full body massage sequence of 140 Swedish strokes to:

- Reduce stress
- Improve circulation
- Assist lymph function
- Enhance relaxation

Students can you use these skills to treat: pregnant women, elderly, young and special needs clients. Also included in this wide ranging practical component is corporate seated massage.

Stretching Techniques

Learn the required skills and knowledge to stretch the major body muscles, both passively and actively.
This allows graduates to provide home care options to clients as well as helping with injury prevention. The module also covers the use of heat and ice (thermal therapies).

Reflexology

Reflexology detours from our other science- based training and provides an introduction to a traditional Eastern practice of holistic health. Reflexology can either be a stand- alone treatment, or used in conjunction with other techniques. Potential employers often like to offer the broadest range of treatments, which we are supportive of and encourage our students to be open to varied treatments.

Clinical Practice

This is the capstone experience of the course, involving the students planning, marketing and providing over 80 clinic hours to massage the public. It also provides students with an opportunity to start building their own client base.

First Aid

Learn the skills and knowledge required to provide First Aid response at the scene of an accident until emergency qualified help arrives. This component covers life support, management of casualty(s), the incident and other First Aid elements.



Accreditation

Course Accreditation

Q Academy is a Registered Training Organisation (RTO 31896) with the Australian Skills and Qualifications Authority. Q Academy are approved to offer the HLT42021 Certificate IV in Massage Therapy, which is a Nationally Accredited course.

Registered training organisations (RTOs) that wish to participate in subsidised training programs administered by Queensland's Department of Employment, Small Business and Training (the department) must be approved as a PQS in Queensland. Q Academy (RTO31896) is an approved pre-qualified supplier (PQS).



Professional Accreditation

This course is recognised by leading industry associations such as Massage & Myotherapy Australia (MMA) and the Association of Massage Therapists (AMT). Graduates of this course may apply for membership with these associations, after graduation, once they have received their Record of Results.





Private Healthcare Compliance

Please note that the graduates of the HLT42021 Certificate IV of Massage Therapy will not be eligible for private healthcare provider numbers, to offer client rebates.

The minimum requirement to offer clients healthcare rebates is the HLT52021 Diploma of Remedial Massage.

About Q Academy

Q Academy is a Massage and Myotherapy training college, who over the last decade, has trained over 2,500 highly skilled therapists. Q Academy has grown in recent years, and currently has campuses in Brisbane, Gold Coast, Sunshine Coast, Cairns and Sydney.

Here are a couple things that you should know about Q Academy:

1. 92.3% of our graduates were satisfied with their training from Q Academy (NCVER 2021 Survey)
2. Our completion rate is double the national average for vocational training.

Book in a Chat

You are more than welcome to visit your preferred campus, to find out if Q Academy is the right training college for you. We will gladly show you around the campus, answer any questions and introduce you to some of the team. Bookings are advised.

1300 20 40 80

qacademy.com.au

Gold Coast Campus

Level 1, Robina Town Centre Robina QLD 4230

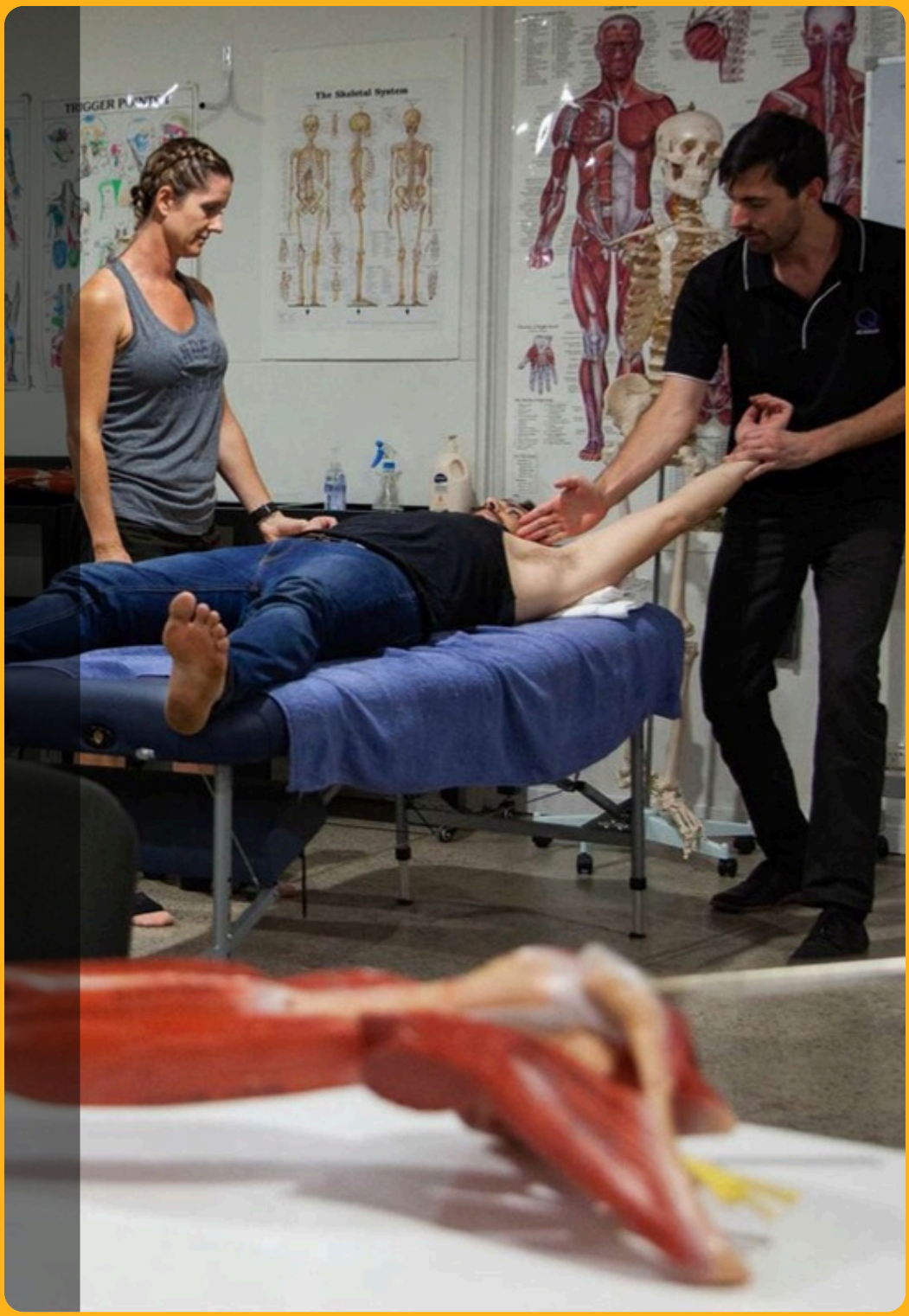
Brisbane Campus

100 Brookes St, Fortitude Valley QLD 4006

Sunshine Coast Campus

64C Aerodrome Road, Maroochydore QLD 4558

Q ACADEMY DOES NOT GUARANTEE CAREER OR EMPLOYMENT OUTCOMES FOR STUDENTS OR GRADUATES. Q ACADEMY PTY LTD.
RTO 31896 CRICOS Provider# 03755K


The Skeletal System