Q ACADEMY
REMEDIAL + MASSAGE THERAPIES

NET Q

HLT42015

Certificate IV in Massage Therapy

Mixed Delivery

The perfect introduction to a career in Massage.

*Net Q and Q Academy does not guarantee career or employment outcomes for students.

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Introduction to Massage Therapy

Study Massage with NETQ

HLT42015 Certificate IV in Massage Therapy

Mixed Delivery

One of the most flexible, convenient and affordable ways to earn a Nationally Accredited Qualification in Massage Therapy.

Course Details

Course Summary

The HLT42015 Certificate IV in Massage Therapy Mixed Delivery is a Government Accredited course that teaches elements of Swedish, sports, pregnancy, seated, thermotherapy, reflexology, Thai massage and much more!

It is the perfect qualification in massage therapy if you enjoy the flexibility of learning at your own pace, in your own environment, if you live remotely, or if you can not attend scheduled 9-4pm classroom hours.

Entry Requirements

A sound understanding of written and spoken English is required. An interest in the functionality of the human body as well as the health and wellbeing of others is recommended. As your lessons will be delivered online, we expect students to have access to a tablet, laptop or computer, with a camera, microphone and internet access, as well as a printer and willing bodies to practice on.

Online learning requires students to be motivated and self-disciplined. You must be confident in your ability to maintain self- directed study, and follow NETQ's schedule of lessons for the full duration of the course.

Start Dates

The course starts on the 1st of each month, with limited places available.

Course Length

As a guide, it generally takes about 12 months to complete the course with a 9 hour weekly commitment, however you can move through the material as quickly as you like. NETQ will provide you with a clear schedule to help you stay on track and meet your assessment milestones.

Course Delivery

Mixed delivery combines the flexibility of our unique, e-learning system with your digital manual, online lessons, videos, and assessments, together with the experience of our trainers to supervise your practical training hours from a NetQ Training Clinic. To make your study interesting and effective our e-learning platform has hundreds of short and informative videos embedded within your digital manual for convenient 24/7 access.

The on-site training hours are required to obtain a nationally recognised qualification, so you will need to attend a NetQ Training Clinic in either Brisbane, Gold Coast, Sunshine Coast, Sydney or Melbourne to complete practical supervised training hours. This is a compulsory requirement of the course, where under the guidance of our expert trainers you will demonstrate and refine your skills on the general public, in a workplace simulated environment.

Student Clinic

Student clinic occurs at various stages throughout your course. This is a very important part of the qualification as it is where you apply your skills and knowledge learned, in a clinical setting. This is a workplace simulation, showing your ability to work as a professional within the massage industry. All of your equipment, materials and clients will be provided for you.

For the HLT42015 Certificate IV in Massage Therapy Online you will be required to complete 60 supervised training hours. These hours can be completed at a NetQ Training Clinic in either Brisbane, Gold Coast, Sunshine Coast, Sydney or Melbourne.

Course Outcomes

Career Outcomes*

If you want to establish an at-home, mobile or corporate massage business - then this is the perfect way to get your career started!

This course is a great if you want to:

- Flexibility to create your own work schedule
- Work from home in your own home business
- Set up a mobile or corporate massage business
- Work in a day spa or beauty clinic
- Add an additional skill-set to an existing qualification (e.g. Personal Training or Beauty Therapy)

*Please note that NETQ and Q Academy (RTO31896) does not guarantee career or employment outcomes for students.

Study Pathways

While graduates of the HLT42015 Certificate IV in Massage Therapy

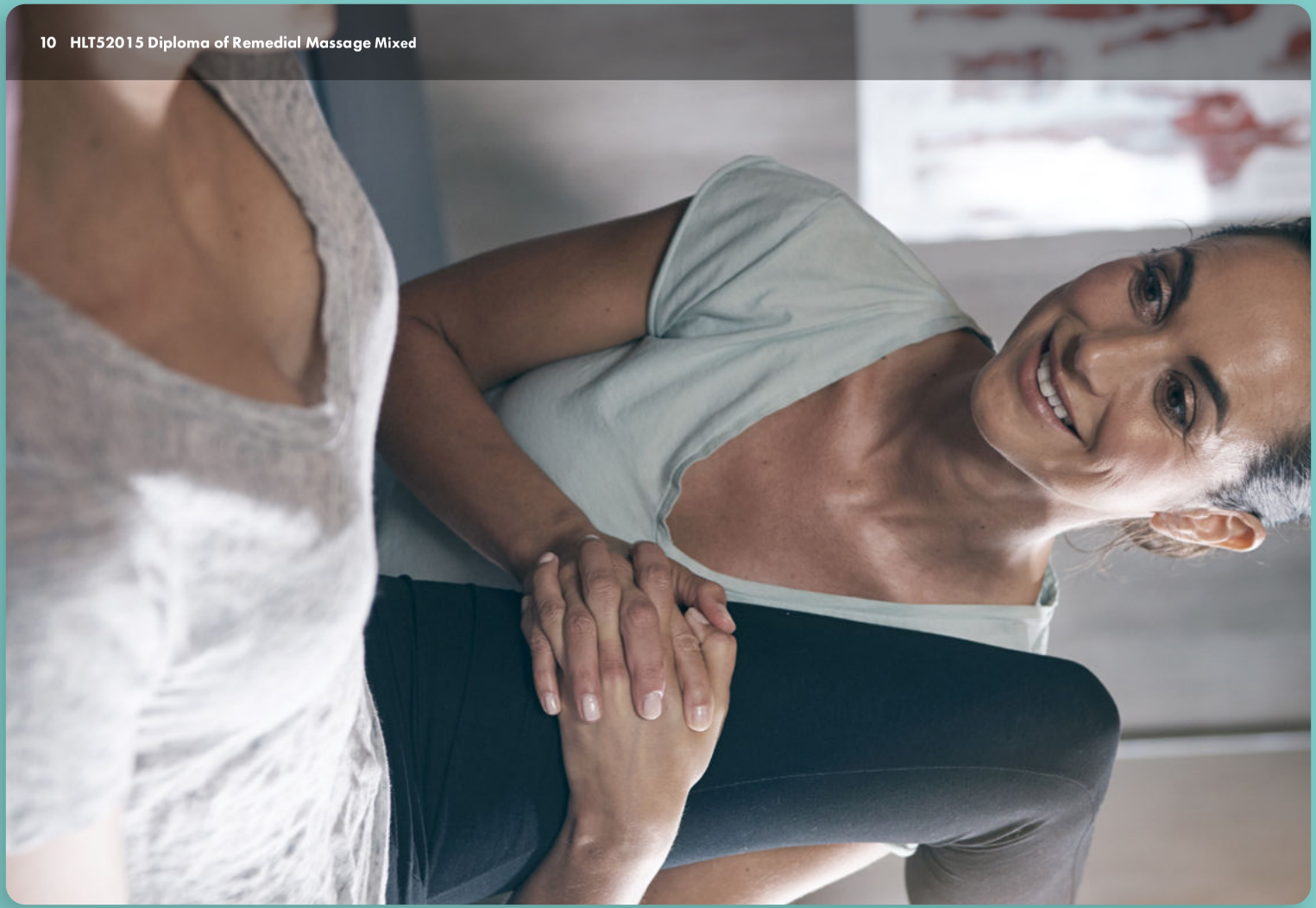
Accreditation

Government Accreditation

Q Academy, also trading under NETQ, is a Registered Training Organisation (RTO 31896) with the Australian Skills & Qualifications Authority. Q Academy are approved to offer the HLT42015 Certificate IV in Massage Therapy, which is a Nationally Accredited course.

Professional Accreditation

The HLT42015 Certificate IV in Massage Therapy Mixed Delivery course is recognised by the Association of Massage Therapists (AMT). Graduates of this course may apply for membership with this association after graduation, once they have received their Record of Results. Students are encouraged to join as a student member throughout their program.



Course Fees and Finance Options

The HLT42015 Certificate IV in Massage Therapy Mixed Delivery costs $3,520. There is an additional $109.95 materials fee, payable on enrolment. This brings the total cost of the course to $3,629.95.

HLT42015 Certificate IV in Massage Therapy Mixed

Self-Financing the Course Cost

The $3,520 course cost for the HLT42015 Certificate IV in Message Therapy (Mixed Delivery) will be divided into 4 packs. Each pack costs $880. You will not be able to progress to the next pack until you have successfully completed the pack prior.

HLS Government Subsidy

The HLT42015 Certificate IV in Massage Therapy (Mixed Delivery) is *not* eligible for the Queensland Government's Higher Level Skills (HLS) Subsidy. Please consider our E-Classrooms delivery option from one of our South-East Queensland campuses, if you are interested and eligible for this program.

FAQs

How can you teach me a practical skill online?

All of the course content is presented in a digital manual, and lessons in short video format by an experienced trainer and assessor. You will be taken through both the practical and theoretical material in an easy to follow, logical sequence.

You will also receive one-on-one sessions with your tutor via Video, which will help you prepare for practical and theoretical assessments. You can ask any questions, demonstrate your learnings and treatments, and receive real-time feedback, without ever needing to leave the house.

What are the assessment requirements and how do I complete them?

We prefer short, frequent assessment checks, rather than long and dull exams. To complete your theory assessments, we will give you access to Cloud Assess (our online platform). From there you will complete assessments, receive feedback and see a list of outstanding tasks to complete.

Practical assessments will be completed with a facilitator via Zoom and will also be tracked via Cloud Assess. The final component of the course is student clinic. This is the time where you will perfect all of your skills learned throughout the course, gain confidence and experience treating members of the general public, as well as give you the opportunity to work directly with our trainers to refine your skills. It is required that you complete 60 hours of supervised clinical practice.

What if I can't get to a clinic for the clinic module?

You will have the option to complete this component of the course from a range of times throughout the year. You will not be eligible to graduate until we have seen you demonstrate your skills in clinic, so we do our best to find a time that is convenient for you. It might be a nice chance to spend a few weeks on the Gold Coast, Brisbane, Sunshine Coast, Sydney or Melbourne completing your 60 hours.

Why do I have to book my clinic so far in advance?

We understand that you may need to make travel plans and arrangements to complete these hours. To make this process as easy as possible for you, and to ensure your time is spent efficiently, at the destination and time of your choosing, we require at least 2 months notice.

What will I need to purchase?

So you can complete assessments and gain practical experience while you learn, we recommend students purchase a good quality massage table. This will be an investment in your future career as a massage therapist, should you wish to operate an at-home, corporate or mobile massage business.

Although not required, we also recommend you join a professional association during study as a 'student member' and purchase appropriate insurance coverage. This will cover your practice during study.

What if I want to swap to on-campus learning?

You are welcome to transfer into our full or part-time on-campus programs at any time. Simply speak to one of our Career Specialists to make arrangements. However, please note that you may need to adjust your payments to match the Q Academy on-campus fees.

Is First Aid included in the online program?

It is a requirement of the course that you complete HLTAID003 Apply First Aid. This is not delivered online. This can only be done via an on-campus program. You are welcome to visit one of our campuses on the Gold Coast, Brisbane or Sunshine Coast to complete this training. Alternatively, you may choose to seek a course in your local area. You cannot complete your program without this competency so please ensure you have a plan in place to complete your first aid training prior to your student clinic commencement date.

Units of Competency

CHCCOM006	Establish and manage client relationships
CHCDIV001	Work with diverse people
CHCLEG003	Manage legal and ethical compliance
HLTAAP002	Confirm physical health status
HLTAID003	Provide first aid
HLTINF004	Manage the control of infection
HLTMSG001	Develop massage practice
HLTMSG002	Assess client massage needs
HLTMSG004	Provide massage treatments
HLTWHS004	Manage work health and safety
CHCPRP003	Reflect on and improve own professional practice
BSBSMB404	Undertake small business planning
HLTREF002	Provide reflexology for relaxation

Subjects in the Certificate IV in Massage Therapy Mixed

Practical Components	Theoretical Components
Swedish Massage	Anatomy and Physiology
Stretching	Manage History and Origins
Thai Massage	Client Record Keeping
Thermotherapy	Designing a Safe and Effective Massage Environment
Seated Massage	Building and Running a Successful Massage Business
Pregnancy Massage	Legal Considerations
Special Needs Massage	Professional Communication
Reflexology	Planning for Success
	Indications & Contraindication for Massage

HLT42015 Certificate IV in Massage Therapy Mixed

Massage Essentials Communication

This subject sets the scene for a career in the massage industry by covering communication, goal setting, scope of practice, medical terminology, client screening, record keeping, ethics, legal considerations, occupational health and safety and symptomology of common contraindications. Students also learn how to adapt their treatment to account for the physical changes associated with older age, disability and pregnancy.

Human Anatomy And Physiology

This module covers cells, tissues, and each of the 11 major systems of the body and their integration and control. Manual therapy requires an in-depth knowledge of bony anatomy and muscle; this subject covers bony landmarks in detail and the origin, insertion, action and innervation of 63 major muscles which a therapist could expect to be treating. The student can also expect to cover nutrition and energy systems in this module.

Swedish Relaxation Massage

The full body massage sequence; 140 Swedish strokes to reduce stress, improve circulation, assist lymph function and enhance relaxation. Students learn how to treat pregnant women, elderly, young and special needs clients.

Also included in this wide ranging practical component is corporate seated massage.

First Aid*

Learn the skills and knowledge required to provide First Aid response at the scene of an accident until emergency qualified help arrives. This component covers life support, management of casualty(s), the incident and other First Aid elements.

*Please note that First Aid is not included in the online program, students must make arrangements to complete this unit prior to commencing student clinic.

Massage Business

Gain an insight into establishing, operating, and growing a massage business. Some of the aspects you will learn include best practice in sales and marketing strategies, business finance, customer service excellence, personal and professional development plus leadership.

Stretching Techniques

Learn the required skills and knowledge to stretch the major body muscles, both passively and actively. This allows graduates to provide home care options to clients as well as helping with injury prevention. The module also covers the use of heat and ice (thermal therapies).

Thai Massage

Learn how to apply Thai Massage therapies with deep passive stretching and slow sustained compression. This is a process in which the client and therapist creating deep stretching to produce muscular release. Many clients find Thai Massage very uplifting and beneficial.

Reflexology

Reflexology detours from our other science- based training and provides an introduction to a traditional Eastern practice of holistic health. Reflexology can either be a stand- alone treatment, or used in conjunction with other techniques. Potential employers often like to offer the broadest range of treatments, which we are supportive of and encourage our students to be open to varied treatments.

Clinical Practice

This is the capstone experience of the course, involving the students planning, marketing and providing over 60 clinic hours to massage the public. It also provides students with an opportunity to start building their own client base.

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About Q Academy

Q Academy is an Allied Health training college, who over the last decade, has trained over 2,500 highly skilled manual therapists. Q Academy has grown across South-East Queensland in recent years, and currently has three campuses in Queensland: Brisbane, the Gold Coast and the Sunshine Coast. With NetQ Training Clinics in Sydney or Melbourne. With NETQ, we aim to cater to anyone in Australia who is wanting to study massage.

Here are 3 things that you should know about Q Academy:

1. 90% of our graduates would recommend Q Academy to their friends and family. (2020 NCVER Survey)
2. Our completion rate is double the national average for vocational training.
3. We train hundreds of Massage Therapists each year and have been doing so since 2008!

Book in a Chat

If it is convenient for you to do so, you are more than welcome to visit your closest Q Academy campus, to find out if we're the right training college for you. We will gladly show you around the campus, answer any questions and introduce you to some of the team. Bookings are advised.

1300 20 40 80

qacademy.com.au

Gold Coast Campus

Level 1, Robina Town Centre
Robina QLD 4230

Sydney Clinic

Randwick, 2031

Brisbane Campus

100 Brookes St,
Fortitude Valley QLD
4006

Sunshine Coast Campus

64C Aerodrome Road,
Maroochydore QLD 4558

Melbourne Clinic

St Kilda, 3182

Q ACADEMY DOES NOT GUARANTEE CAREER OR EMPLOYMENT OUTCOMES FOR STUDENTS OR GRADUATES.
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